



# Montana State University Extension Service

## Flathead County eNewsletter

### Time working with 4-H Youth is time well spent.

Dear 4-H Families,

You and 4-H make a difference. Interacting with youth via the 4-H model has proven effectiveness on making a positive difference in the lives of young people. Want to learn more about that, The [4-H Study of Positive Youth Development](#), conducted by Tufts University, explores the impact that participation in 4-H has on youth.

Ben Frentsos  
4-H & Youth Development Agent, Flathead County

### FROM THE EXTENSION OFFICE

#### Camp Counselor Applications

2018 Camp Dates: July 28-August 1

Apply by going to the county 4-H website at

<http://msuextension.org/flathead/flathead4h.html>

Scroll down and Click on that for the “2017-2018 Camp Counselor” application.

Camp Planning:

\*\*Counselors are expected to attend a majority of planning meetings, including camp set-up on July 27. Meeting schedule will be discussed by counselors who are chosen and determined at a later date. Most planning meetings will be during evening times throughout the months of March-June.

Please return you completed application by Friday, March 8, 2018. All applicants will go through an interview process.

Counselors must be at least 13yrs old by Oct. 1, 2017.

The fee for campers for the week is \$110. Counselors will have this fee waived; however, in the event that a counselor is dismissed due to disciplinary action, he/she will be expected to pay this fee in full. Newer counselors will be paired with more experienced counselors in order to obtain continued training. Adult leaders will also be present at all times.

### COUNTY EVENTS

#### 2018 4-H INTERSTATE EXCHANGE Spaghetti Supper & Dessert Auction

Saturday March 10th, 2017 Dinner starts AT 5:30pm, auction starts at 6:00pm

The Eagles Lodge - Basement 37 1st St W, Kalispell

\$6 each or \$20 per family of 4.

This event is open to all 4-H friends & family, so invite everyone you know! \$50.00 pizza party given to the club who brings in the most people.

Eat, laugh, listen to LIVE MUSIC then we auction off some of the most AMAZING pies, cakes, cookies, candies and more. It's a TON of fun so don't miss it!! And if you'd like to help, please feel free to bring any homemade desserts to give to our 4-H members to auction off. (buyer keeps the serving plate).

All proceeds go toward hosting 4-H members from other states and sending 4-H members from the Flathead to different states. All with the goal of making new 4-H friends, obtaining life-skills, exchanging thoughts & ideas and creating lifelong memories. Flathead County 4-H will be exchanging with New

### Upcoming

- Feb. 6 6:30PM  
Interstate Exchange, Arby's
- Feb. 11 9:00AM-12:00  
Horse Packing Clinic, TT Arena
- Feb. 22 5:45PPM  
Hog Project Leader Training,
- Feb. 23 5:45PPM  
Ambassadors Host—Movie & Games
- Feb. 26 7:00PM  
Horse Health Clinic, details below
- Feb. 27 5:30PM  
4-H Foundation
- March 1 5:45PM  
Ag Committee, Fairgrounds
- March 8  
Camp Counselor Applications Due
- March 10 5:30PM  
Spaghetti Supper & Dessert Auction
- March 17 7:00PM  
4-H & Community Dance

## **AMBASSADORS GAME AND MOVIE NIGHT**

The Flathead 4-H Ambassadors will be hosting a movie and game night in the 4-H building on February 23. Junior 4-H members age 8-12 are invited from 5:30-7:30PM for games and snacks and senior 4-H members age 13-18 from 8:00PM for games, pizza, and a movie. Additional details to come.

## **4-H HORSE PROJECTS**

The following dates for Horse Clinics and Camp have been scheduled by the Horse Committee

- Feb 26 Golden Spurs: Traci and Matt Bean's, 155 Dern Road, Kalispell. Dr. John Erfle will be speaking on Bandaging Wounds
- March 31 Sally Rohletter: English Horsemanship
- May TBA Bit of Difference: Western Horsemanship
- May 4-6 Horse Camp at Flathead County Fairgrounds

## **4-H HORSE PACKING 2018**

- Clinic III FEBRUARY 11; 9-NOON TRIPLE TAKE ARENA
- Clinic IV MARCH 11; 9-NOON TRIPLE TAKE ARENA
- Clinic V MARCH 24; 9-NOON TRIPLE TAKE ARENA
- TRAIL RIDE AND OVERNIGHT APRIL 13-14 SWISHER LAKE?
- FINALE CAMP OUT OR TRAIL RIDE MAY 11-12?

## **HOG PROJECT EVENTS**

The following dates for Hog Clinics and Training events have been scheduled by the Hog Committee

- Hog Project Leader Training— Feb. 22 @ 5:45PM, Country Kitchen, Fairgrounds
- Market Hog Livestock Training—March 6 @ 6:00PM, Country Kitchen, Fairgrounds. Market Livestock Training (MLT) is required once as a junior and once as a senior 4-H member or if it is your first year in the project.
- Hog Weigh-In— May 2 @ 3:30PM, Fairgrounds
- For a list of producers feel free to contact the Extension Office. 4-H members interested in obtaining a hog from the Hutterite colonies may contact Mike Twillmann by March 20th 406-253-5022

## **BEEF PROJECT EVENTS**

The following dates for Beef Clinics and Training events have been scheduled by the Beef Committee

- Apr 7 Beef Weigh-in #2—8:00AM at the Fairgrounds
- June 14 Beef Clinic #2—Showmanship and Clipping
- June 30—Hoof Trimming and Small Clinics in preparation for Fair

## **SHOOTING SPORTS**

Montana 4-H Shooting Sports [Calendar 2017-2018](#)

## **KALISPELL MAKER FAIRE**

Are you a 4-H member or leader interested in tinkering, building, crafting, or manufacturing. 4-H would love to share your interests and talents by setting up a 4-H booth at the Kalispell Maker Faire. Maker Faire is a gathering of fascinating, curious people who enjoy learning and who love sharing what they can do. From engineers to artists to scientists to crafters, Maker Faire is a venue for these "makers" to show hobbies, experiments, projects. We call it the Greatest Show (& Tell) on Earth - a family-friendly showcase of invention, creativity, and resourcefulness. Glimpse the future and get inspired! To be a part of the 4-H booth, please contact Ben at 758-5552. To learn more and register as a Maker click [HERE](#)

## STATE EVENTS & PROGRAMS

### MONTANA 4-H REC LAB: THE MAGIC OF 4-H

This event provides an opportunity for youth and adults to enhance their leadership, communication and team building skills in an action packed and interactive setting. Rec Lab programming is designed to provide participants with tips and tricks for being a better club, camp and community leader. District 1 invites you to submit workshop proposals for the 2018 Montana 4-H Rec Lab. Both Teen and Adult workshop presenters are welcome. Registration can be found [HERE](#). Check out the event on Facebook, which can be found [here](#). March 23-25 in Thompson Falls, Montana. The Flathead 4-H Council looks forward to supporting our county's delegation

### MONTANA 4-H CONGRESS 2018

SAVE THE DATE! July 10-13 in Bozeman, MT

Follow, Share, and Like the [Montana 4-H Congress Facebook page](#) Montana 4-H Congress provides teens from across the state an opportunity to come together on the Montana State University campus in Bozeman for four days and participate in an event like no other. Congress offers both youth and adults a venue in which to learn, be challenged and most of all have a great time with their peers. Website info [HERE](#)

### STATE AWARD APPLICATION

The Montana 4-H State Awards program is in place to recognize the outstanding accomplishments of 4-H members who have reached a standard of excellence in a project area. State Award winners have gone above and beyond regular project work with a focus on leadership, communication, and community service. [Click Here](#) to learn more

### Volunteers Invited to Serve on State Committees

Adult and teen leaders are invited to serve on the State 4-H Horse Committee or the State 4-H Livestock Committee. Don't miss out on this opportunity to share your expertise, support 4-H project curriculum, and have fun networking with horse or livestock folks from across Montana. Applicants need to complete a nomination package and submit to the 4-H Center for Youth Development. Access nomination forms and instructions [Horse Committee](#) and [Livestock Committee](#).

### INTERNATIONAL PROGRAMS

#### Host families needed

For Japanese, Costa Rican, and Finnish youth (summer 2018). [Click Here](#) for more information on how to host.

#### Chaperones needed

For the 2018 Outbound programs to Japan, South Korea, Norway, and Costa Rica. [Click Here](#) for an application. States' 4-H International Exchange Programs makes the final selection. They are short about five chaperones for all programs.

### AWARD NOMINATIONS

We know the deadline looks far away. We also know time is going to fly and May 1 will be here before you know it. Please take time to [nominate](#) the deserving individuals in your county for the following [awards](#):

**Tribute to Volunteer Excellence:** Contact [Meghan Phillippi](#) with any questions.

**Hall of Fame Award:** Contact [Sandra Germann](#) with any questions.

**Outstanding 4-H Alumni Award:** Contact [Sandra Germann](#) with any questions.

### SNAP RECIPIES

[SNAP-Ed](#) is an evidence-based program that helps people lead healthier lives. SNAP-Ed teaches people using or eligible for SNAP about good nutrition and how to make their food dollars stretch further. SNAP-Ed participants also learn to be physically active. Brought to you by Montana State University Extension to improve policies, systems, and environments that support healthy behaviors. Some of our partners include schools, food banks, farmers' markets, and local health coalitions.

### REMINDER

Dee, Office Administrative Assistant, goes to lunch every day from 1-2pm, so you may find the Extension office doors are locked during that time. She also has occasional meetings for the county. If you need special accommodations or a meeting scheduled, please feel free to call ahead and make an appointment.