

## Flathead 4-H Wins Big at State Congress

In July of 2016, Flathead County sent Maddie Sutton, Livia Jackola, and Averie Olson to the Montana State 4H Congress in Bozeman for the Horse Judging Competition. Ashley Lau, a long-time 4H member, now leader, was their amazing coach. The girls returned home with the memories of a great experience, new friendships and a win! The team won first place and individually the girls took first place, second place and fourteenth. Taking first place as a team at the state competition has awarded them the opportunity to compete at the Western National Roundup held in Denver Colorado January 4<sup>th</sup> through the 8<sup>th</sup>. This event will host hundreds of kids from around the country. The experience will include not only the competition but the opportunity to meet new friends, share 4H experiences and participate in social and educational programs. The girls will begin their travels January 1<sup>st</sup> and will be visiting a couple of college campuses on the way to Denver to explore different collegiate programs. They are truly thankful for this opportunity, and want to thank Ashley Lau, the Flathead 4H Council and the Flathead Horse Committee for their support.



4-H delegates to State Congress with coach.

The girls are available for ½ hour to 45 minute presentation to your club. For more information clubs can contact Ashley Lau at 871-8412 or Jamie Olson 314-3058

If you have something you would like to add to the monthly newsletter, email Ben by the 20th of each month

[Benjamin.frentsos@montana.edu](mailto:Benjamin.frentsos@montana.edu)

# CL<sup>VER</sup>BUDS

Rocky Mountain Blue Ribbon will host Cloverbuds on January 17th from 5:30-7:00 in the 4-H building at the Fairgrounds. The meeting is open to any 4-H Cloverbud age member in Flathead County. New enrollments are also welcome at the meeting. For more information please contact Kim Morrison [kimbmorrison06@gmail.com](mailto:kimbmorrison06@gmail.com) or the Extension Office.

We are looking for other clubs to help support the Cloverbuds in Flathead County. Each month a different club is asked to lead a Cloverbud meeting. Meetings will take place on the 3rd Tuesday of each month from 5:30—7:00 at the Fairgrounds. If you are a 4-H Leader and interested in helping out, please contact Ben at the Extension Office. A big thank you goes out to Rocky Mountain Blue Ribbon for taking the lead.

Attention 4-H Community. If you're a 4-H Leader, want to become one, or know someone who does, the Cloverbuds are looking for a committed leader. Contact the Extension office to help out.

## Challenge!!

We are asking each member to donate \$20.17 to the Flathead 4-H Foundation for the Centennial. This is an excellent way to support the 4-H program and celebrate 100 years of 4-H in Flathead County!

## 2017 4-H Interstate Exchange

Next meeting for ALL those interested in joining

**January 22 @ 7:00pm** at  
the 4-H Building,  
Fairgrounds



## 2017 Montana 4-H Legislative Breakfast

The Montana 4-H Citizenship Seminar and the Legislative Breakfast will take place **January 15-17, 2017** in Helena at the Radisson Colonial Hotel. If you want to attend both you must register for both. You must register through 4-H Online.

For more information go to [www.flathead.mt.gov/extension/downloadads](http://www.flathead.mt.gov/extension/downloadads).

Application deadline for Legislative Breakfast is **January 9**



*Happy Holidays*



The Centennial 4-H Recipe Books are on their way and will be available starting December 7th at the Extension Office or by the case from DeAnn Dutton (406-431-4612). The price will be \$14/book and we are going to wholesale them to stores for \$10/book. We are working on getting CHS, Ace Hardware (Meridian), Big Sky Antiques (Whitefish), and maybe Murdoch's to sell them at their stores. Murdoch's has agreed to let us sell the recipe books while 4-H clubs gift wrap over the Holiday Season. To make it easier to keep track of recipe books we will be asking each leader, member, or person to purchase the books at time of pick up, except for the clubs that are selling them at Centennial Events over the 2017 year, which there will be a sign out sheet for those recipe books.

## **2017 Master Gardener Program Opens Registration**

The Montana State University Flathead County Extension office will be holding the 2017 Master Gardener Level One class January 10, 2017 through February 2, 2017. Classes will be held in Kalispell, at the Vo Ag Building on FFA Drive on Tuesdays and Thursdays from 3:30 -5:30 p.m. Topics covered include: lawn care and maintenance, tree pruning, seed starting, container growing, vegetable gardening, soil fertility, lawn care, plant physiology and fruit production. Pat McGlynn, MSU Agriculture Extension Agent, and Kelly Morrow, Biology Instructor at the Vo Ag Center, will be the instructors.

The cost of the class is \$185.00. This includes the Master Gardener handbook, and a binder of additional handouts. A refund of \$50.00 will be given to each student who completes course requirements and their community service project. A scholarship is available to one teacher from each school establishing a school garden. The class is limited to 24 students.

The Master Gardener program was established in 1972 to help extension agents meet the needs of their community. Master Gardeners are expected to donate at least 20 hours of community service. This service work can be completed at the county fair, public gardens and museums, community gardens, county and city parks, the extension office or other approved non-commercial locations.

Please complete the enrollment form available on our website <http://www.flathead.mt.gov/extension> (under downloads) that you can mail or drop off at our office at 1108 S. Main St., Kalispell.

For more information, please contact Pat McGlynn at [pmcglynn@montana.edu](mailto:pmcglynn@montana.edu) or 758-5553.

# Market Livestock Project

To participate in the NWMT Fair market sale, Market Livestock project members must comply with the following:



- Be **enrolled and in good standing** in an active community 4-H Club and be working closely with a livestock leader. This means that you have complied with all club and county expectations and that you have paid all registration fees.
- Submit a signed copy of the **Market Livestock Commitment** form to your club leader by the deadline listed.
- Participate in **Species Seminars** in your first year of taking the market animal. **Livestock Quality Assurance (LQA)** training will also be included in those seminars. All members will attend LQA during their first registered year as a Junior member in the livestock project and again during their first registered year as a Senior member. (Jr. members = 8-12; Sr. members = 13-18). All members are welcome to attend seminars as often as they'd like; however, it is mandatory to attend in your first year selling that species.
- Ensure that your animal is **weighed & tagged** as dictated by the program. Each 4-H member **may tag up to two** animals in each market livestock project. Tagging paperwork must be completed & turned-in to the Extension office by the deadline posted. *Last day to replace livestock:* steers - Jan. 31; hogs - May 31; lambs - June 30. On your tagging paperwork, you will need to declare the tag number of your primary and your secondary animal if you have a back-up. Once you declare, you are committed to that/those animals: *siblings cannot swap primary or secondary livestock.*
- In July, complete & turn-in a signed copy of **Commitment to Excellence/Drug Withdrawal** forms (*this is a two-sided form*) to your club/livestock leader. You also need to have **updated records** for your market livestock project(s) and one other project for your club/livestock leader to review. **Be sure to keep records on your primary AND your back-up.**
- On or before Aug. 1, **register your fair projects with the fair office** by completing fair paperwork; online (go to [www.nwmtfair.com](http://www.nwmtfair.com) for registration info). Your leader does NOT do this for you.
- You may bring **only 1** hog or 1 sheep or 1 steer to the fair. If you have a primary & a back-up, you can choose which one you're bringing on the morning of check-in. \* **See annual NWMT Fair book for all fair rules & expectations**
- All market animals will be weighed on Monday of the fair. Bring \$35 to pay for the livestock sale. No one is allowed behind the barriers during weigh-in except for the 4-H member whose animal is being weighed. If your animal does not make weight, you can stay at the fair and participate in showmanship and feeder market classes, but you cannot sell.
- If you sold in the market, photos of you and your animal will be made ready for you to take to your buyer after fair. The **buyer's thank you form** needs to also be taken and signed by anyone at the buyers location. This form must be returned to the Extension office by Dec 1.
- **Annual Awards Ceremony** will take place at the end of Aug/beg of Sept. Be sure to attend this ceremony so you can be recognized for all your hard work and support others who are being recognized. Afterwards, be sure to thank all sponsors of awards that you received.
- September is the last month of the 4-H year. During that time you should have your records and bookwork for all **4-H projects complete and submitted to your club leader.**

# Horse Project



To participate in the 4-H Horse project, members must comply with the following:

- Have an updated **Horse Card** on file; by June 1. If you've changed horses or projects, please update your horse card. *Last day* to make changes to your horse project is June 1.
- Have a signed **Horse Project Release** Form and a **Horse Helmet Policy & Acknowledgement** Form on file. Watch *Every Time, Every Ride Video* once as a Junior member and once as a Senior member.
- **Assessments:** Each horsemanship manual has level assessments included in them. Review these with your certified horse leader (all horse members must have a certified horse leader that they're working with) and turn-in assessments when you're ready to move to the next level. Members will compete in the level they are working in; ex: if assessed out of level 2, the member will compete in level 3. Assessments due by June 1st.
- **Clinics:** Members must attend at least one 4-H horse clinic a year. Approximately 5-6 clinics will be offered every year. Dates & subjects of clinics will be announced throughout the year. Last opportunity to obtain a clinic will be June 1.

# 4-H Horse Clinics

If you are interested in learning the age old art of packing this is for you. Packing is the function of carrying equipment, food and supplies into remote areas of the mountains. Prior to 1925 almost all things that were moved in this country were moved and delivered with pack stock.

In 4-H Packing you will learn the art of packing, Leave No Trace, Defensive Horse Safety and How to prepare your stock for the trails. There will be 5 Clinics starting on Sunday January 22, 2017. All of the clinics will be held at Whitefish Equestrian Center at 555 Twin Bridges Road, Whitefish, MT. We will have an excellent facility which includes an indoor arena, a wonderful classroom, 2 outside arenas and trails that immediately adjoin the property.

To participate in 4-H Packing you must have completed Level 1 Horsemanship or you may test (assess) out of Level 1 Horsemanship. This will need to be done prior to Clinic II. For those needing to be assessed on Level 1 Horsemanship we will be offering assessments at Clinic I. Please sign up by January 15, 2017.

Those completing the program will have the opportunity to go on an overnight pack trip or an overnight trailhead camping event. Level 3 and up 4-H Packing members may also participate in some of the NorthWest Montana Back Country Horsemen packing project in the summer of 2017.

The 4-H Packing Clinic Schedule is as follows:

Clinic I – Sunday January 22 –

Introduction to Packing - 1:00pm to 3:00pm

Level 1 Assessments – 3:00pm

Clinic II – Sunday February 19 –

Loading, Manting, Knots, Highline, hands on with Barrel Horses

1:00 pm to 5:00pm

Clinic III – Sunday March 12 -

Riding and Pack Stock in Trail Riding Course

Packing Training, building loads and balancing loads

Knots and Hitches Level 4 and 5 Training 10:00am to 4:30pm

Clinic IV – Sunday April 23-

Building and balancing loads, loading pack stock and putting them through the Trail Riding Course.

Level 4 and Level 5 Training

9:00am to 3:00pm

Clinic V – Sunday May 21-

Final Assessments and Evaluations as needed

Quick Release Knots, High lining, Trip Planning, Trailer Loading

Weather permitting a trail ride from the location with pack stock for those qualified.



**4-H Packing Clinics** at Whitefish Equestrian Center (555 Twin Bridges Rd, Whitefish, MT)

For more information contact Rick Mathies at 406-752-2209 or [ramathies@centurytel.net](mailto:ramathies@centurytel.net).

## GIFT WRAPPING AT MUDOCCH'S

There are still times available this holiday season!

If your club is interested, please call

Chris Scott at 261-9454 to reserve your club's spot.



# 2017 Flathead County 4-H Foods Fair “Back in the Heyday”

Celebrate the good ol' days as Flathead County 4-H's Centennial year kicks off with the 4-H Foods Fair! Members show off their best culinary skills and 4-H clubs from across the county compete for best display in this year's theme, “Back in the Heyday.”

Everyone is welcome to join the fun!! Even if you don't make anything, come out and join us!!

**Foods Fair will take place  
January 21st at the  
Kalispell Center Mall**

**More information coming out in January.**



## LEARN TO SHOW LIKE A PRO!



Lamb showmanship with hands on instruction. All participants need to bring a lamb to work with. Other instruction will include feed & management, show prep, training techniques, fitting demo (if time allows), and a practice what you learned show!

Boatman Club Lambs are highly regarded in the Pacific Northwest, and throughout the nation, as premier sheep breeders and what we like to call, "kid builders." Boatman lambs and showmen have had success nationwide in market, breeding and showmanship classes and WE'RE BRINGING THEM TO YOU!

We are offering two options to attend the clinic - June 10 or June 11, 2017 - 9am-4pm. The cost of the clinic is \$75 with a t-shirt and lunch or \$60 with lunch only. Exhibitors who bring a sponsor of \$100 or greater will not be charged a clinic fee. Sponsorship money must be received by the Flathead County Sheep Committee by February 28, 2017. Please contact **Kim Morrison at 314-3732** or **Inga Lake at 261-3807** for more information.

Every champion and reserve champion sheep showman at the 2016 NW Montana Fair attended this clinic in 2016. Opportunity is knocking....don't be afraid to answer the door.

## ATTENTION SENIOR 4-H MEMBERS!!!

Youth members needed as  
Foundation Board Members,  
contact the Extension Office for more  
information.



## **Youth Ambassadors**

Take a leadership role in 4-H  
and develop your talents as a  
youth leader.

**4th Monday of each month  
6:30pm at the  
4-H Building, Fairgrounds**

For more information  
contact

**Sam Braaten 406-253-7771**

## HEY! Flathead 4-H Council... What's NEW with you?

Here's what happened in the November meeting:



4-H Council

- Eleven clubs were represented and presented their club reports. Committees, the Extension Office, and Foundation all submitted reports.
- Motion to supply Horse Judging Team with \$1500 to support the cost of sending three members to National Roundup in Denver. Motion amended to require members to fund raise for reimbursing the Council and develop plan to put on clinics in the county. Motion passed.
- Foods Fair confirmed for Jan. 21st. Theme "Back in the Heyday" at Kalispell Center Mall
- Motion passed to supply Sandy Evenson with \$264 scholarship for attending the State Leaders Conference in Lewiston
- Awards Committee is looking at possibly bringing Fair awards back to being handed out at the Fair.

The council is an open forum for any 4-H members or adults to attend. **Each club has two voting delegates.** When considering the ideal make-up of the voting body of our 4-H Council, it is recommended that each club send at least one voting youth and one voting adult representative to act on behalf of the club. However, if that isn't possible each club will still have two votes per club.

**See you on Jan. 19th at 5:45 in the 4-H Building on the Fairgrounds.**

## HEY! Flathead 4-H Foundation... What's NEW?



At the last 4-H Foundation meeting we discussed:

- Centennial, Communications, Council, Interstate Exchange, Shooting Sports gave committee and club reports.
- The Annual Meeting will be on January 24th at the Country Kitchen, open to all 4-H members and leaders; there will be discussion and voting on Foundation by-laws, term limits, committee reports and budgets.
- A fundraising proposal was made to sell inscribed bricks for a project at the Fairgrounds
- Two new members of the 4-H Foundation were inducted: Maureen Hines and Caitlin Morrison as a youth member. One youth member position remains vacant.
- A website committee was set up for the 12th of December to make recommendations to the Foundation's flathead4h.com site.

The next 4-H Foundation meeting is scheduled for **Jan. 3rd at 5:30** in the Extension Office conference room.



# Upcoming 4-H Meetings and Special Events



## Upcoming Activities & Other Meetings

- ◇ Shooting Sports Leader Training: *December 9-10*
- ◇ Legislative Breakfast App. Due: *January 9*
- ◇ Foods Fair: *January 21*
- ◇ Interstate Exchange Meeting: *January 22*
- ◇ See the body of the Newsletter for the rest of the dates and times of Activities and Meetings.

## Forums, Committees & Councils

- **4-H Council:** *Thursday January 19 at 5:45pm in the 4-H Building on the Fairgrounds.*
- **4-H Foundation:** *Tuesday, January 3 at 5:30pm in the Extension office conference room.*

## REMINDER

Dee goes to lunch every day from 1-2pm, so many times the Extension office doors are locked during that time. She also has occasional meetings for the county. If you need special accommodations or a guaranteed meeting with someone, please feel free to call ahead and make an appointment.  
758-5553



## Enroll in 4-H Online!!

**Go to <https://mt.4honline.com> to re-enroll or to enroll a new family. Instructions are found at [flathead.mt.gov/extension/downloads](http://flathead.mt.gov/extension/downloads).**

**Payments must be made at the Extension Office before enrollment can be approved. Some forms will still be needed in the Extension office.**

Dear Flathead 4-H members, leaders & families:

The Flathead County MSU Extension Office will be **closed December 26th—30th** for Christmas and **January 2nd** for **New Years**. If you need personal attention please call for an appointment. Please leave paperwork in basket or leave in mailbox on front of building for confidential information.

Thank you,

*Patricia McGlynn*  
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### MSU Extension Service – Flathead County

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#### State Web Sites:

[www.msuextension.org](http://www.msuextension.org)

[www.montana4h.org](http://www.montana4h.org)

## Christmas Breakfast Sausage Casserole

Prep: 20 mins. Chill overnight Cook: 1 hour 30 mins.

### Ingredients:

1 lb. Jimmy Dean's Maple sausage  
1 ¼ tsp. mustard powder  
¼ - ½ tsp. salt  
6-8 eggs, beaten  
1 ½ - 2 cups milk  
1 can of green chilies (optional)  
6 slices of bread toasted and cubed  
\*Can substitute bread with toasted sourdough or use Marie Callender's Cheddar & Garlic Croutons  
1 pkg. of shredded med. Cheddar cheese



### Directions:

Preheat oven to 350F.

Crumble sausage into a medium skillet. Cook over medium heat until evenly brown; drain REALLY well.

In a medium bowl, mix together mustard powder, salt, eggs and milk. Add the sausage, bread cubes or croutons, and the cheese. Stir to coat evenly. Pour into an 11x 7 inch baking dish. Cover, and chill in the refrigerator overnight (or at least for 8 hours).

Cover, and bake 45 -60 minutes. Uncover, and reduce temperature to 325F. Bake for an additional 30 minutes, or until set.

*Supplemental Nutrition Assistance Program Education enables young families, single recipients and seniors to learn how to best use their food stamp dollars in providing healthy nutrition for themselves and their families. Adults can sign up for a 6 week course that is fun and provides the basic concepts of good nutrition. The only requirements to join in the classes are: that a person is receiving WIC assistance; either receiving food stamps or are eligible to receive them; or are getting commodity foods. Please call Nancy at the Flathead County Extension office at 758-2448 to sign-up for classes.*