

SPRING into a Healthier You
with **FREE** Diabetes Classes!

Courthouse Annex, Triple E Room

400 Ohio Street

Wednesdays

April 5, 12, 19 & 26

and May 3 & 10

1:00 to 3:00 PM



Do you have diabetes or pre-diabetes (high blood sugar)? Would you like to learn how you can **take charge of your health** and get control of your diabetes? Then **JOIN US for six, FREE classes!** These classes are designed for people with Medicare, but anyone with diabetes or pre-diabetes is welcome to attend.

To register, call (406) 357-3200.

