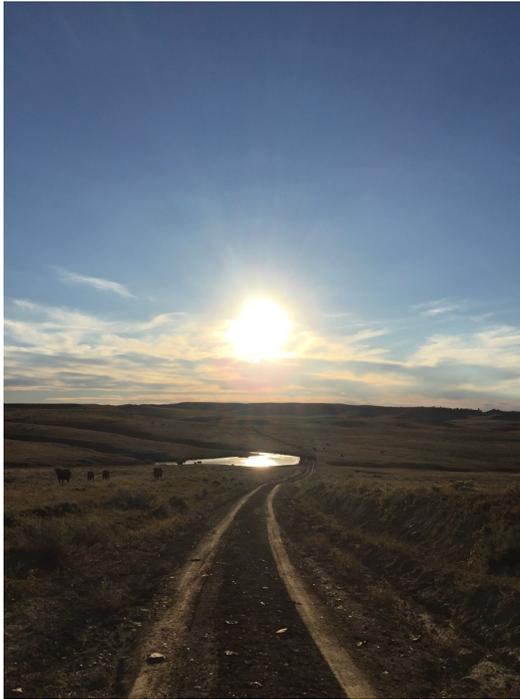




Northern Cheyenne Reservation Federally Recognized Tribal Extension Program

Lame Deer, Montana

The purpose of this program is to support Extension Agents who establish Extension education programs on the Indian Reservations and Tribal jurisdictions of Federally-Recognized Tribes. To the extent practicable, priorities should reflect the following critical needs areas: 1) Development of sustainable energy; 2) Increased global food security; 3) Adaptation / mitigation of agriculture and natural resources to global climate change; 4) Reduction of childhood and adolescent obesity; and 5) Improved food



safety, communities, people's health and health awareness, financial knowledge, family communication, agriculture practices, youth development, etc.

The Federally Recognized Tribes Extension Program (FRTEP) funding comes from USDA – National Institute for Food and Agriculture and is administered by MSU. . FRTEP supports extension agents on American Indian reservations and tribal jurisdictions to address the unique needs and problems of American Indian tribal nations in a partnership carried out with the tribe. Emphasis is placed on assisting American Indians in the development of profitable farming and ranching techniques, providing 4-H and youth development experiences for tribal youth, and providing education and outreach on tribally-identified priorities (e.g., family resource management and nutrition) using a culturally sensitive approach.



Welcome to the Northern Cheyenne Reservation in Southeast Montana

The Northern Cheyenne Reservation, situated in southeastern Montana, lies within the counties of Big Horn and Rosebud. The Crow Reservation borders it on the west. The reservation consists of open ponderosa-pine plateau and valley country with an annual rainfall of approximately 16 inches. The topography ranges from about 4,800 feet to a low of a little less than 3,000 feet. The reservation headquarters and the center for business activities and population are in Lame Deer. The reservation itself is divided into five districts; Busby, Lame Deer, Ashland, Bir-



ney, and Muddy . We have approximately 10,840 enrolled tribal members with about 4,939 residing on the reservation.

Reservation FRTEP Support

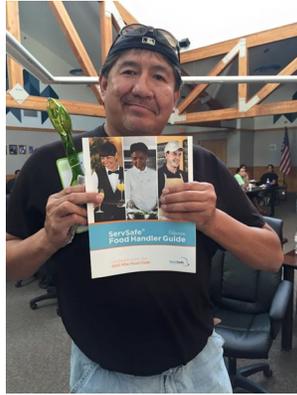
The Northern Cheyenne Agency Bureau of Indian Affairs provides supplemental programming to the Northern Cheyenne Extension Program. The support makes all workshops and trainings and educational programming FREE to the Northern Cheyenne and surrounding communities.



Community Programming

Serving Safe Food

ServSafe food safety trainings are an essential program within the Northern Cheyenne FRTEP Extension Office's services offered. ServSafe, the educational training produced by the National Restaurant Association, is one of the premiere food safety educational programs throughout the U.S.



In May of 2013 the implementation of the ServSafe program on the Northern Cheyenne Reservation has been a



73 community members participating in the ServSafe training

huge success. The Northern Cheyenne Reservation Extension office in collaboration with the Rosebud/Treasure County Extension FREE program has trained over 560 people on the basics of food safety. Most work in food service establishments, but other entities such as Child Care, providers, Head Start Programs, the Boys and Girls Club, Shoulderblade Elderly Complex Senior Center, St. Labre Youth and Family Services, Heritage Living Center, Native Employment Work Program, and the WoRc program are a few entities taking advantage of encourage their program participants to enroll in the ServSafe trainings.



They did it! Happy participants with their certificates that are good for three years.

Community Programs and Events

Annual “3 Sisters Farmers Market”

It has been my goal since the day I started to get the jump on home and community gardening. Provide information, seeds, and equipment on healthy eating habits, sustaining & maintaining a steady food source to support local families. This



3 Sisters Farmers market canned goodies available for purchase to the community

year was the 4th Annual with 6 vendors. We had craft vendors, fresh vegetables, canned preserves, canned vegetables and fruits, homemade goodies and treats, nutrition education, and beadwork. We had contests for the weirdest fruit/vegetable, biggest zucchini,



made jelly/jam, tomato, and farm fresh over 100 members and 20 community tended. Every ket will grow new audience.



Susan Braine, 1st place for the Best Lookin’ Farm Fresh Eggs at the 4th Annual 3 Sisters Farmers Market, Lame Deer, MT

The major factor of lack of community involve-

ment this year was that the market was also on the same weekend as Labor Day weekend.



Above: Active gardener Ronald Spang digging through to find the perfect taters for his garden.

Right: Misty Martin and Ashly Miller happy with the variety of free seed potatoes

“Seeds of Change” Free seed Potatoes

Every year Montana State Universi-



ty gives Extension offices the chance to purchase seed potatoes for commu- The Chey- fice chased ties of tatoes vided FREE commu- plant.



Northern Cheyenne Tribal Schools 7th Grade class helping label trees

Branching Out” Community Tree Program

This program is what gets our program recognized every year, our annual tree sale. Our annual tree sale was another success. Through this community event we are able to provide affordable shade, fruit, ornamental, and shelter belt trees as well as the education to properly plant and care for the trees and shrubs. Giving the community access to over 1800 trees.

4-H—Annual Blazing Trails Summer Camp

Camp participant, Rylee showing off her bug on the scavenger hunt in the Big Horn Mountains.



The 3rd Annual Blazing Trails Day Camp of 32 youth participants was one week at Independence Creek. Like other programs we offer the cost of camp is FREE.

Activities included:

bow and arrow making, leather work, trip to the Buffalo Jump, scavenger hunt, nature hike, and bug collecting at the Big Horn Mountains, A Nature Hike with the Montana Fish and Wildlife Park Rangers at Tongue River Dam, The rest of



Blazing Trails Teen Leader, Shotaya is helping camp participants assemble fresh flower leis, after learning about floriculture.

annual Blazing Trails Summer Camp was held for my residence in Muddy, MO. All other programs we offer were

included: arrow

making, leather work, trip to the Buffalo Jump, scavenger hunt, nature hike, and bug collecting at the Big Horn Mountains, Tongue River Dam and Billings, MT. Each day encompassed healthy eating practices, team building, leadership skills, independence, exercising, taking pride in the community clean up, cooking healthy meals, nature, hiking, insect identification,



Blazing Trails camp participants enjoying some team building activities



Team Leaders helping camp youth create a fun bright Tie dye T-shirt



"Nature Hike" at Tongue River Reservoir with the Montana Fish and Wildlife Park Rangers

4-H—Annual Blazing Trails Summer Camp

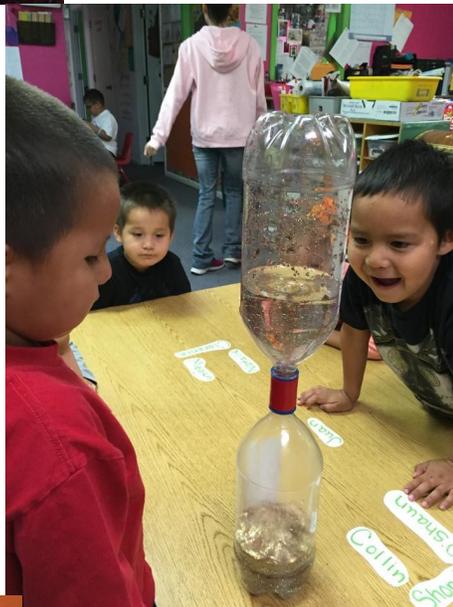


4-H—"SWATT" Science with ATTitude

The Northern Cheyenne Tribal Head-start Program invited the Northern Cheyenne Extension Office to provide fun educational science projects to the "Little Cheyenne" Head Start center. Every Wednesday and Friday we go into the classroom to do fun science projects with 20 students bi-weekly. Their favorite projects were building volcanos, dinosaur fossils, musical eggs, putty, floralculture, cake decorating, & horsemanship.



4-H—"SWATT" Science with ATTitude



Northern Cheyenne Reservation Extension

Northern Cheyenne Tribe

The Northern Cheyenne Tribal Council provides office support for the Northern Cheyenne Reservation Extension Program.

Executive Branch Officials:

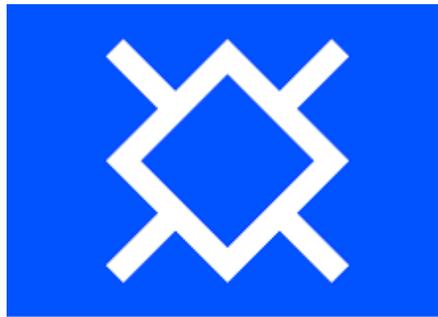
Llevando Fisher, President
Winfield Russell, Vice President
Melissa Lonebear, Secretary
Tami Ontiveros, Treasurer

Tribal Council Members:

Loranzly McMakin, Muddy District
Sheldon King, Busby District
Eloise Snow, Busby District
Merlin Sioux, Lame Deer District
Benji Headswift, Lame Deer District
Conrad Fisher, Lame Deer District
William Rowland, Lame Deer District
Tracy Robinson, Ashland District
Joe Fox Jr., Ashland District
Deanna Harris-Small, Birney District



Chief Morning Star and Chief Little Wolf
"out of defeat and exile they led us back to Montana our won our Cheyenne Homeland that we will keep forever"



Contact Us



EXTENSION

**Northern Cheyenne
Reservation Extension
FRTEP**

www.msuextension.org

Montana State University Extension is an ADA/EO/AA Veteran's Preference Employer and provider of educational outreach.

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